

## 1. Knowledge

Knowledge and understanding of mental health presentations

Knowledge of biopsychosocial models of mental health

Knowledge of mental health interventions

Knowledge of pharmacology in mental and physical health

## 2. Professional and legal issues

Knowledge of legal frameworks

Knowledge of, and ability to operate within, professional and ethical guidelines

Knowledge of, and ability to work with, issues of confidentiality, consent and capacity

Ability to work with difference (maintaining equalities)

Ability to recognise and respond to concerns about child protection

Ability to recognise and respond to concerns about safeguarding

Knowledge of human rights laws and principles

Ability to make use of supervision

## 3. Engagement and communication

Communication skills

Ability to understand and respond appropriately to people in distress

Ability to foster and maintain a good therapeutic relationship, and grasp service users' world view

Communicating with people cognitive and neurodevelopmental challenges

Ability to work using telemedicine

Co-production

Shared decision-making

## 4. Diagnostic assessment and treatment planning

Ability to conduct a comprehensive (biopsychosocial) assessment

Ability to conduct a Mental State Examination

Assessment of risk and need in relation to suicide/self-harm

Assessment of risk and need in relation to risk of harm to others

Knowledge of and ability to assess capacity

Ability to formulate and identify and deliver a management plan

Communicating and recording the outcomes from an assessment and formulation

Ability to collaboratively engage all relevant parties with the management plan

Ability to coordinate a programme of care with and across different agencies and/or individuals

Ability to make use of relevant outcome measures

## 5. Interventions

Management of mental health problems

Management of physical health problems

Health promotion

Monitoring and managing medication

Management of substance use/abuse and addictive behaviours

### 5a. Managing interface of mental and physical health

Knowledge of common physical health problems in people with mental health problems and ability to advise/intervene to manage these

Knowledge of a generic model of medically unexplained symptoms (functional symptoms)

Knowledge of generic models of adjustment to physical health conditions

Supporting patient's capacity for self-management

## 6. Team working

Ability to contribute to team working

Leadership

Quality improvement and audit

Teaching and training others and enhancing skills in the team

## 7. Meta-competences

Metacompetences relevant to the physician associate role